



March

2026
NEWSLETTER
262-754-1706

WE'RE MARCHING ON....

All of you have been troopers!!
We've had to adjust and figure out our new spaces, new people and new schedules....
And as I have often said..." It's a work in progress!!" WAY TO GO NBSCC!!

I think 2026 will be a great year!!

There's lots of fun trips and activities available, so please keep an eye on the calendar and get involved, meet new people and try new things! That's what we're here for.... To make friends and have fun!!!



Enjoy!
Barb Gosa



Lu Ziemer

262-993-6516

daluziemer7@gmail.com

Louanne Bartels

262-498-7397

louannebartels@aol.com

Colleen Boettcher

262-617-0416

blakblox131@gmail.com

Please let them know if anyone needs cheering up or well wishes, along with anyone in the hospital, or those who have passed away.

Let's send them happy thoughts!

Welcome to New Members:

Renee & Jim Anderson	Linda Sather
Marian & Jack Welter	Tom Nieland
Sarah & Mike Drzewiecki	Dorothy Krupa
Linda Brown	Janet Grayson
Sandy Molick	Barb Lambrecht
Pat Palechek	Larry & Donna Simmerling
Sue Graf	Richard Taczaka
Janet Reesman	Mary Burnham
Cliff Marson	Marie Moran
Jean Marson	Walter & Patti Hart

So Glad You've Joined Us!!



Attention all Knitters and Seamstresses!

Knitted hats, scarves, and gloves
are always needed – as well as a
knitted or sewn lap cover
(34" x 36" size),
child throw (42" x 46") or
walker/wheelchair bags.

**Please drop off in
Barb's office anytime!**

*Start
each day
with a positive
thought
and a grateful heart*

Pinochle Anyone?

Want to play?... Or Learn?

Join the fun...
Every Thursday
10am-2pm

(Instructor Gloria will be available for easy
lessons of 1st & 3rd Thurs. @ 11:45am
upon request)



Want a good way to keep
your brain sharp?

Learn something new!

**Samba, Hand & Foot,
Sheepshead, & Mahjong**



WE TEACH IT ALL!

Mahjong will now be on Tuesdays
@ 10:30am

WE LOVE OUR VOLUNTEERS!!

Throughout the year we rely on all of those who step up and volunteer to be on one or more of our many committees that help make our Senior Center great!!

This month we recognize the following committee members and thank them for their service to our club.

OUTREACH:

Dolly Thomas

Kitchen:

Connie Lemanczyk

Gary Dwyer

Dan Kimminau

Tom Kimminau

Helen Morrissey

Loretta Jacks

Dennis Wendorf

Gigi Guglielmi

Gratz Guglielmi

(And any others who help from time to time)

THANKS SO MUCH! WE APPRECIATE YOU!!

Sincerely, Barb Gosa and all NBSCC Members



Have you changed your residence, telephone number or e-mail? Please help us keep our records up to date and notify Terrie, Financial Secretary, of any changes you may have:

Send an email to

Terrie203n@gmail.com

Leave a note in the Suggestion Box at the Center.

Thank you!

BRING ON THE GAMES!

“GAME TIME”

**Tuesdays & Thursdays
at 10:30am**

Come and play Cribbage, Dominoes, Rummikub, or other fun board games with other enthusiasts!

Location: Lily Room



ATTENTION ALL NBSCC MEMBERS:

Please do your best to wear your name badges while at the Center and on trips or other events that we have here.

It makes getting to know new friends so much easier!!

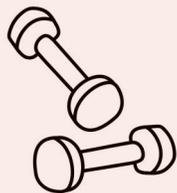
(and let's face it - our memory isn't as sharp as it used to be)



Thanks,
Barb Gosa

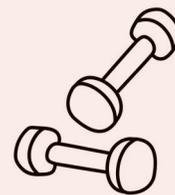
ATTENTION ALL FITNESS MEMBERS:

(As of January 1st 2026)



Participation in any or all Silver Sneaker (SS) fitness classes now requires **PRIOR REGISTRATION to attend**. This can be done at the NB Activity Recreation Center (ARC)...located at 15321 W. National Ave. (Ph # 262-797-2443)

(Note: If your insurance plan DOES NOT offer a fitness benefit, a pay-as-you-go card can be purchased at a reduced rate, through the ARC or See Barb)



Silver Sneakers Classic

Mondays & Thursdays

9:30-10:15am

Hickory Grove - Indigo Room

You'll work with light weights, resistance bands and have access to a chair... all while listening to instruction along with great music. This class will help you build muscles while also improving your balance.

Join the fun and meet new friends... every Monday & Thursday!

Instructor: Julie Fraleigh

Silver Sneakers Stability

Thursdays

10:30-11:15am

Get stronger and improve balance through exercises that strengthen the ankle, knee, and hip joints in a fun and social setting. Focused on improving balance, this standing class uses chair support to advance cognition and fall prevention skills. (Intensity 2/5)

This class is Free for insurance memberships, you must pre-register in person at the ARC.

Instructor: Julie Fraleigh
Hickory Grove - Indigo Room

Silver Sneakers EnerChi

Balance, Breath, and the
Beginning of Mastery

TUESDAYS at 9:30

Step into the world of Tai Chi with this welcoming entry point to internal movement and mindful practice. The Foundations Class focuses on body awareness, breath, and gentle movement patterns that build strength from the ground up. Whether you're new to movement or returning to fitness, this class helps you develop a rooted base - physically, mentally, and energetically.

Instructor: Eddie Banks
Hickory Grove - Indigo Room



Silver Sneakers CHAIR YOGA



Mondays

10:30- 11:15am

Wednesdays

9:30-10:15am & 10:30-11:15am

Hickory Grove - Indigo Room

CHAIR YOGA will help loosen up your muscles and improve your strength and balance. You will move your body when sitting in a chair or standing using the chair for support.

Please join this gentle form of movement and meet new friends!

Instructor: Julie Fraleigh

LINE DANCE CLASS

Great exercise...not just country music either!!

(Don't worry, it's at a senior friendly pace...give it a try!!)

Tuesdays @ 11:00am in the Indigo Room

COST: \$2.00

(Note: Non-rubber soles work best)



Walking Club!

Every Friday

10am-11am

@

the ARC

15321 W National Ave.

BOOTS & BEATS

**LINE DANCE PARTY
FOR THE 4TH OF JULY**

MARCH 13



THE DETAILS

Location: New Berlin ARC

Arrival: 10:30am

Dancing: 11:00am

Lunch: 12:00-12:30pm

Dancing: 12:30-1:30pm

To Register Online use QR code
or Call 262-797-2443

Questions? Contact Polly at
poldenberg@newberlin.org
or 262-754-1895



Bocce Ball

1st, 3rd & 5th Mondays

@ 11:30am

+

Dartball

Every Wednesday

@ 10:00am

Join the Fun!



Book Club Meets Every 4th Monday at 1:30pm (After the Club Meeting)

Come join the discussion and see what the
next month's book selection will be.



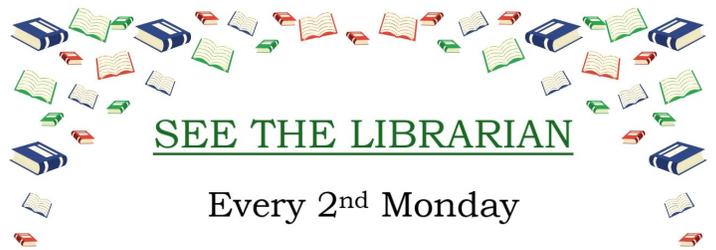
March Speaker:

Sharpen Your Memory!

**With Shelly Mrozinski
from Three Pillars**

**Monday, March 9th
@ 1:30**

Keep your memory sharp and thriving!
Join us for a **20-minute, upbeat presentation** by Anthem Memory Care, that shares **10 simple and practical ways to support your brain health** at any age. You'll learn easy habits you can start right away—covering movement, nutrition, sleep, social connection, and more—to help boost focus, memory, and overall well-being...



SEE THE LIBRARIAN

Every 2nd Monday

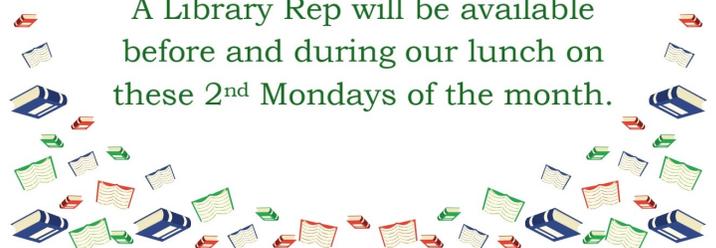
11:00am - 12pm.

Have questions about setting
up a "TECH TALK"??

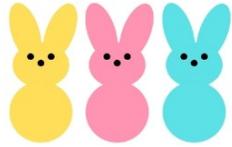
Or

Would you like to ask about
your library card or find out
about the programs the library
offers?...

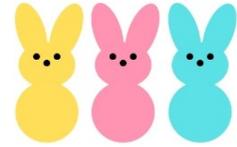
A Library Rep will be available
before and during our lunch on
these 2nd Mondays of the month.



CRAFT CLASS
MARCH 3, 2026
12:15pm



“Hoppy Snacking”



The March craft is your choice of three sizes of EASTER candy jars
(or multiples if you choose).

Large and medium sizes: you will be provided with a jar & pedestal, a figurine, ribbons, a tag, candy, and other trims to complete the project.

Small size: you will be provided with a jar, lid, ribbons, tag & sticker, and candy to complete the project.

You will be painting glueing and using several tools.

Join us to fill our jars with EASTER happiness!

TOTAL FEE:

Large: \$12.00
Medium: \$ 9.00
Small: \$ 5.00

Please sign up and pay in advance. For questions text: Pat 414-795-9646

Held in the “Sunflower” room in the Lower Level at Hickory Grove



APRIL CRAFT CLASS

Tuesday, March 31
(Note: date changed due to elections)

12:15
in Sunflower Room

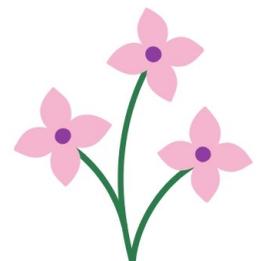
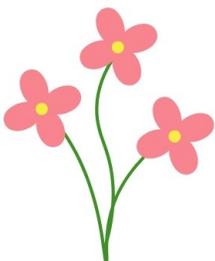
“GLASS STENCILING”

For the April craft project, you will apply stencils to and paint an etching cream on clear glass items to create a permanent frosted image on the surface. You will get a pair of footed mugs and another item of your choice.

A variety of stencils will be available for you to create your design. The project involves taping and painting.

\$12.00

(Class led by Julie Miller)



Watercolor with JoAnn

Learn & practice the Art of Watercolor Painting

Everyone loves to receive handmade Art...so join us!

*Create lovely gift cards & tags, bookmarks and stand-alone "one of a kind" frameable Art!



Thursday, March 12th

11:00am – 2:00pm

New to Watercolor or need a refresher?

Come earlier to "Intro to Watercolor"

*Learn the basics of Watercolor, it's materials & techniques.

10:00-11:00am

(Then stay for the rest of the class 11-2pm.)

***In the Sunflower Room – Cost \$10 Please pay with your sign up!**

The Art & Signup Sheet are on display at Class & in the Senior Center!

*Please bring your lunch, beverage/coffee mug, smock, pencil, scissors, paper toweling, ruler, and a board/cookie sheet (min. size: 10" x 14").

MONDAY, MAY 4TH

Jessica Michna will once again be here to amaze us with her portrayal of one of her "Women in History." A presentation that you don't want to miss!!!

Helen Keller

"A Life Nearly Lost"

In the late nineteenth century a little girl struggled out of the depths of fear. At age two, Helen experienced a life-threatening illness. She plunged into a dark, silent world. Anne Sullivan, a determined young teacher, would find the key to unlock Helen's prison. Through Anne's diligence and perseverance, Helen would become a world-renowned speaker and advocate for the disabled.

This program begins with the blind and deaf Helen being led to the podium where she recites excerpts from the 1925 speech Helen gave to the International Lion's Convention. The program continues in third person as Jessica tells the audience of Helen's life and experiences.

There will be a catered breakfast buffet by Bunzel's:

Serving begins at 9:15

Scrambled Eggs, French Toast, Sausage, Hash Browns, Fruit Tray, Mini Donuts, Coffee and Juice

COST: \$20.00

(Includes: Breakfast and Speaker)

TICKET SALE DATES: March 23, April 13 & 27



Favorite Corned Beef and Cabbage



Prep Time: 10 min. **Cook Time:** 2 hours 45 min **Yield:** 10 servings

Ingredients

- 1 corned beef brisket (about 4 pounds) with spice packet
- 2 tablespoons brown sugar
- 2 bay leaves
- 3-1/2 pounds small potatoes (10-15), peeled
- 8 medium carrots, halved crosswise
- 1 medium head cabbage, cut into wedges

HORSERADISH SAUCE (OPTIONAL):

- 3 tablespoons butter
- 2 tablespoons all-purpose flour
- 1 tablespoon sugar
- 1 tablespoon cider vinegar
- 1/4 cup peeled freshly grated horseradish

MUSTARD SAUCE (OPTIONAL):

- 1 cup sour cream
- 2 tablespoons Dijon mustard
- 1/4 teaspoon sugar



Tender meat, hearty vegetables and a spicy horseradish sauce make this one of the best corned beef and cabbage recipes you'll ever make.

Directions

Step 1 - Place brisket, contents of seasoning packet, brown sugar and bay leaves in a large Dutch oven or stockpot; cover with water. Bring to a boil. Reduce heat; simmer, covered, 2 hours.

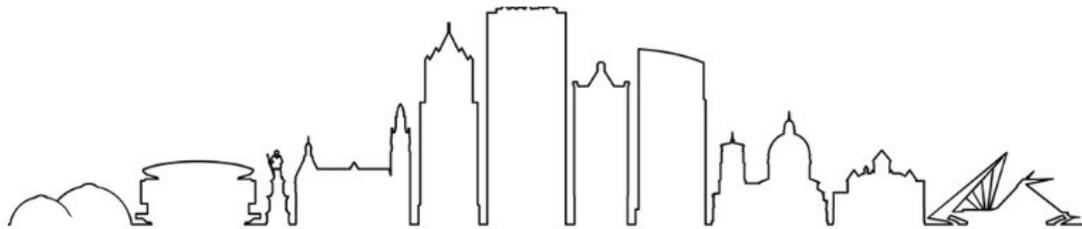
Step 2 - Add potatoes and carrots; return to a boil. Reduce heat; simmer, covered, just until beef and vegetables are tender, 30-40 minutes. (If pot is full, remove potatoes and carrots before adding cabbage; reheat before serving.)

Step 3 - Add cabbage to pot; return to a boil. Reduce heat; simmer, covered, until cabbage is tender, about 15 minutes. Remove vegetables and corned beef; keep warm.

Step 4 - If desired, for horseradish sauce, strain and reserve 1-1/2 cups cooking juices; skim fat from reserved juices. Discard remaining juices. In a small saucepan, melt butter over medium heat; stir in flour until smooth. Gradually whisk in 1 cup reserved juices. Stir in sugar, vinegar and horseradish; bring to a boil, stirring constantly. Cook and stir until thickened. If desired, thin with additional juices and season to taste with additional sugar, vinegar or horseradish. If desired, whisk mustard sauce ingredients until blended.

Step 5 - Cut beef across the grain into slices. Serve with vegetables and sauce.





MARCH DAY TRIP:

LET'S SPEND A DAY
IN MILWAUKEE!

Thursday, March 19th

Bus leaves at 8:45 / Returns 5:00

First, we will be heading to the Milwaukee Domes to see the Winter Miniature Train Show, which features 600 feet of train tracks looping through the exhibit, plus over 4,000 plants to create a stunning display.

Then we stop for lunch at the Harley Davidson Restaurant where motorcycles will be on display as we enjoy our meal. Then it's off to the Milwaukee Art Museum / The Calatrava for our guided tour of this magnificent work of art on the lake! (Note: lots of walking)

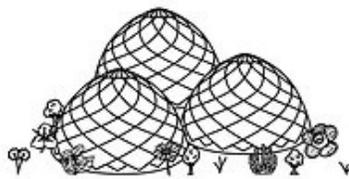
Chicken Caesar Salad: Grilled chicken breast atop a bed of crisp romaine lettuce with made-from-scratch creamy garlic Caesar dressing, topped with fresh garlic-Parmesan croutons and freshly shaved Parmesan cheese

Motor Burger: 8-oz. hand-packed ground chuck patty, topped with lettuce, tomato, pickles, onion, MOTOR's secret sauce and Cheddar cheese on a brioche bun and served with French fries.

Barbecue Pork Sandwich: Slow-smoked, hand-pulled pork topped with fresh jicama slaw, crispy onion straws and MOTOR's signature BBQ sauce on split top bun, served with fries.
(*Non-alcoholic beverage included*)

COST: \$85.00

(Includes: Bus, Show & Lunch)



Ticket Sale Dates:

January 26, February 9 & 23

April Day Trip:



“HAIRSPRAY”



At The Fireside Theater

Friday, April 17th

Bus Leaves at 9:00 / Returns at 5:30

It's 1962 and in the city of Baltimore young Tracy Turnblad, a lovable girl with big hair and an even bigger heart, has only one passion – to dance. When she wins a spot on a popular TV dance show she is transformed from outsider to teen celebrity. She must use her newfound power to defeat the evil plans of teen princess, Amber Van Tussle, win the affections of heartthrob Link Larkin, and integrate a TV network. Winner of 8 Tony Awards including Best Musical, HAIRSPRAY is a story about acceptance and inclusion (and rejection and exclusion) during the early days of the civil rights movement. It's a story of equality told with humor and heart, '60's rock and roll, and spectacular high-energy dancing.

Fireside Menu:

Spring Salad

Blend of Lettuces topped with Strawberries, Candied Walnuts, Feta Cheese, and a Raspberry Vinaigrette.

Entrée Choices:

PRETZEL CRUSTED CHICKEN

Chicken Breast rolled in Seasoned Breadcrumbs and Pretzel Pieces, served on top of a Creamy Havarti and Cheddar Beer Cheese Sauce, Scalloped Potatoes and Green Bean Medley.

BAKED ALMOND CRUSTED COD

8 oz. Cod Filet coated with Dijon Mustard and crusted with Toasted Almonds, Panko Breadcrumbs, and Fresh Herbs. Served with Scalloped Potatoes and a Green Bean Medley.

BARBECUED BABY BACK RIBS

A Half Rack of our Signature Pork Baby Back Ribs, glazed with our special BBQ sauce, slowly roasted. Served with Scalloped Potatoes and a Green Bean Medley.

VEGETARIAN FLATBREAD PIZZA

Flatbread topped with our homemade Italian Pizza Sauce, topped with a variety of Olives, Artichokes, Sun-Dried Tomatoes, Onions, and Mozzarella Cheese.

Also, Freshly Baked Breads from our Artisan Bakery / Key Lime Pie, Coffee, Tea, and Milk

COST: \$109.00

(Includes: Bus, Lunch and Show)

Ticket Sale Dates:

February 9 & 23 and March 9th



May Day Trip:

ROSEWOOD THEATER IN DELAVAN

“AMERICA’S BANDSTAND”

AMERICA’S BANDSTAND takes you back to the sock hop, spotlighting Rockabilly, Doo-Wop, Motown artists, songs, and the early Rock & Roll. Songs by – Chuck Berry, The Marcells, Bill Haley and The Comets, Etta James, Elvis Presley, Chubby Checker, The Platters, Roy Orbison, Buddy Holly and Dianna Ross and The Supremes, Neil Sedaka, The Ronettes, The Temptations, The Shirelles, The Everly Brothers, Frankie Valli and The Four Seasons.

(We will be making a stop along the way, TBD.... Details to follow!)

Tuesday, May 12th

Bus leaves at 9:00am. / Returns 5:30pm.

Menu Selection:

ROASTED CITRUS GARLIC CRUSTED ORGANIC CHICKEN

Chef’s Choice Seasonal Vegetable, Wild Rice Pilaf and Roasted Chicken Herb Au Jus

PAN-ROASTED PORK MEDALLIONS

With Apple Cider Glaze, Sauteed Garlic Spinach, Sweet Potato Hash & Apple Au Jus

PAN-SAUTEED PORK SCHNITZEL

Potato Green Onion Pancetta Hash Brown, Braised Brown Ale Caraway Cabbage and Lemon Caper Butter Sauce

OVEN ROASTED RARE SLICED NEW YORK SIRLOIN

With sauteed Broccolini, Garlic Mashed Potatoes and Cabernet Au Jus

Baby Field Green Salad with Garlic Parmesan Roll in Olive Oil and Spices.
Chef’s Choice Dessert, Coffee, Tea Lemonade and Coke Products Included.

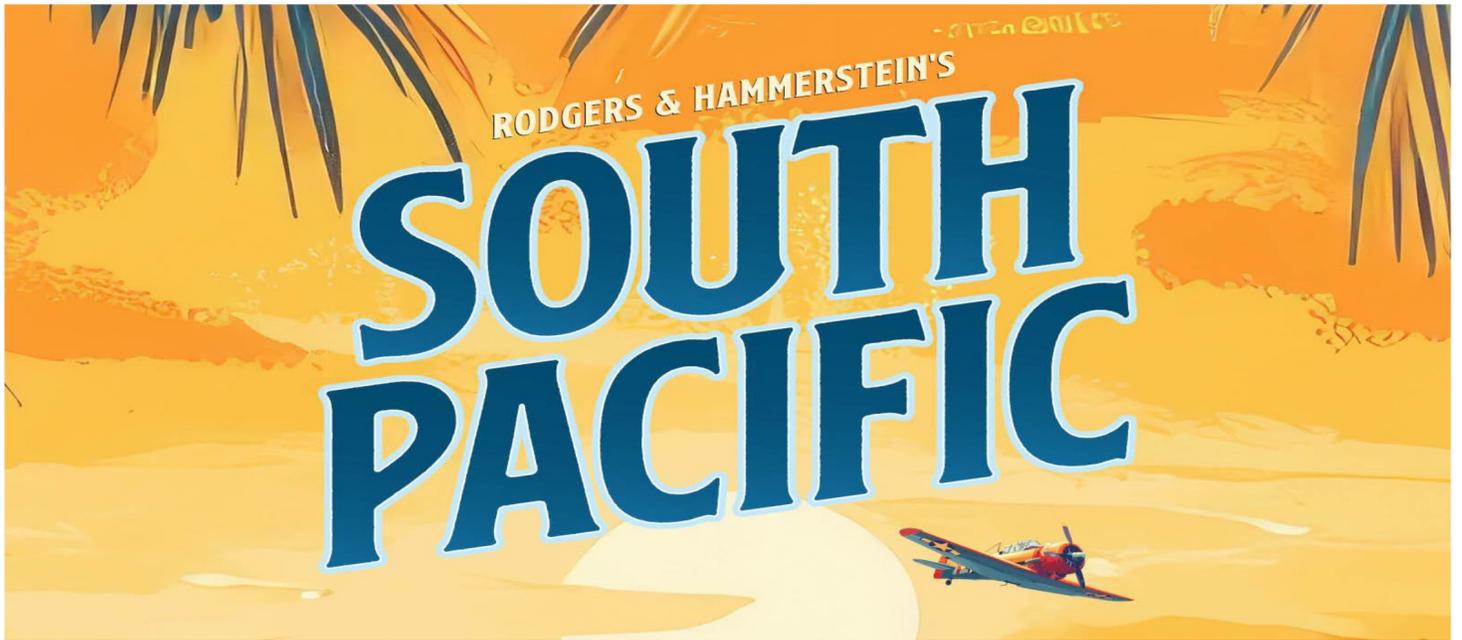
Cost: \$98

(Includes: Bus, lunch, show)

Ticket Sale Dates:

March 23, April 13 & 27

JUNE DAY TRIP:



Set in a tropical paradise with warm sea breezes, breathless sunsets and B-29 Bombers, *South Pacific* is an uplifting musical tale that reminds us all of the importance of celebrating cultural differences. This 10-time Tony Award winning musical is filled with romance, adventure, and unforgettable Rodgers and Hammerstein songs like “Some Enchanted Evening” and “Bali Ha’i.”

At the Paramount Theater in Aurora, Illinois

Wednesday, June 10th

Buses leave at 9:30am – Return by 6:00 pm.

Lunch (at Meyer Ballroom across the street) will include:

Garden Salad, Rolls, Roasted Pork with Apple Jus on the side, Roasted Red Potatoes, Broccoli, and Cookies & Brownies for dessert. (GF/DF allergies can be accommodated)

All Non-Alcoholic Beverages are also included. (Cash bar available)

COST: \$110

(Includes: Bus, Lunch and Broadway Show)

Ticket Sales:

April 13 & 27 and May 11th

New Berlin Senior Citizens' Club (NBSCC)
General Meeting Minutes January 28, 2026

Sue Smith - President

- Called the meeting to order at 1:00 p.m.
- Attendance 65
- Led a moment of silent prayer for the passing of Frenchi.
- Asked for motions to accept Dolly Thomas as President and Sue Kimminau as Corresponding-Recording Secretary. Gloria Timmers made a motion to accept; Beth Forkes seconded. Unanimously accepted by members in attendance.
- Recognized members of the Outreach and Kitchen committees.

Dolly Thomas - Sergeant at Arms & Corresponding-Recording secretary.

- Led Pledge of Allegiance & God Bless America
- Read minutes from the previous meeting. Accepted as read.

Peggy Hughes - Treasurer

- Read the December treasurer's report. Accepted as read.

Barb Gosa

- Introduced 9 new members.
- See Colleen Boettcher for any Sunshine Committee news in the absence of Lu Ziemer.
- Dartball and cornhole are resuming this week.
- If you are not getting emails, see Terri Peschmann. Emails from Terri may also be in your email spam folder.
- See Barb if you would like to join the book club.
- See Barb if you need a punch card for exercise classes.

Old Business: - None

New Business - None

Community News - Gloria VanAacken spoke about formal wear pop-up sale on January 31st and February 1st.

Maria Sandoval won the \$10 drawing.

"The Guys" made a motion to adjourn. Helen Morrissy seconded. Meeting adjourned.

Respectfully submitted by Dolly Thomas, Corresponding-Recording Secretary

New Berlin Senior Citizens' Club (NBSCC)
General Meeting Minutes - February 9, 2026

Sue Smith - President

- Called the meeting to order at 1:00 p.m.
- Attendance 100
- Led the Pledge of Allegiance and God Bless America.
- Installed the new board members; Dolly Thomas as President, Donna Larson as Vice President, Peggy Hughes as Treasurer, Terrie Peschman as Financial Secretary, and Sue Kimminau as Corresponding-Recording Secretary.

Dolly Thomas - Sergeant at Arms & Corresponding-Recording Secretary/Newly Installed President

- Dolly resumed the meeting.
- If you have signed up to be on a committee, please make sure to attend the committee meeting.

Terrie Peschman - Financial Secretary

- The receipts for the 2026 membership dues will only be kept until our next meeting on February 23rd.
- Please pick up your name tag if you ordered one.

Sue Kimminau - Corresponding-Recording Secretary

- Read the minutes from the previous meeting. Accepted as read.
- Suggestion: We need a designated place for recycling bags on the first floor. We no longer will collect. This was Frenchie's project.
- Suggestion: Have only one meeting per month. At this time, we will continue with two meetings per month.
- When offering a suggestion, include a solution.

Barb Gosa

- Introduced 11 new members.
- Thanked the food committee for all their hard work.
- Discussed upcoming trips: Sunset Playhouse, Milwaukee trip, Get on Your Feet, Hairspray, Lake Geneva boat tour, and September weekend trip to Oglesbee, Illinois.
- Dartball and cornhole are back.
- Watercolor class on February 12th.
- The March 3rd craft will be Easter jars.
- Boots and Beats at the ARC on March 13th.
- Three day 4th of July event at Malone Park.

Old Business: - None

New Business

- Dolly Thomas and Gloria Wittig-Heine have volunteered to take over the double dice event in honor of Frenchie.

Community New

- The Friends of the New Berlin Library will be holding a pop-up sale on February 21st.

Jerry Timmers won the \$10 drawing.

"The Guys" made a motion to adjourn. Peggy Hughes seconded. Meeting adjourned.

The New Berlin Fire Department was our guest speaker.

Respectfully submitted by Sue Kimminau, Corresponding-Recording Secretary

Please mark you calendars for these important dates:

March

Thurs, March 19 Domes & Milwaukee Art Museum, Lunch at Harley

April

Friday, April 17 "Hairspray" @ Fireside Theater

May

Tuesday, May 12 "American Bandstand" @ Rosewood Theater in Delavan

June

Wed, June 10 "South Pacific" @ Paramount Theater in Chicago

Tues, June 16 Golf/Picnic @ Edgewood Golf Course

July

Tues, July 14 Lake Geneva Boat Tour / Lunch at Popeyes

August

Tues, Aug 25 EAA and Paine Art Museum / Gardens

September

Sept 21-22 Starved Rock Lodge / Conference Center

October

TBD TBD

November

Tues, Nov 17 Wisconsin Dells Christmas Show @ Palace

December

TBD "A Christmas Carol" @ Pabst Theater

(Note: Cancellation Policy Applies...See NBSCC Guidelines)

Note: All the information in the newsletter can also be found on the Senior Citizens page of the New Berlin city webpage.

Go to: www.newberlinwi.gov

Then follow the menus at the top of the page:

Departments > Recreation Division > Senior Citizens Club