



2025
NEWSLETTER
New Phone Number
262-754-1706

WOW!! I can hardly believe how fast the summer has gone! The longer days, the hot and humid weather, the lazy and hazy afternoons, when an iced tea or an ice-cream cone really hit the spot!! We have been so busy with fun trips, golfing, picnicking and enjoying meeting so many new members... along with packing up and preparing for our move down the street! HOW EXCITING!!

Yes, we only have a few weeks together in this building, so let's have fun...I hope to see all of you at our **"LAST POTLUCK LUNCH" on Monday, August 11th** ...You DO need to sign up for this one in advance or get on the list to bring a dish to pass. Thank you!!

PLEASE NOTE SEVERAL CALENDAR LOCATION CHANGES FOR VARIOUS ACTIVITIES

Barb Gosa
NBSCC Coordinator

Welcome to New Members:

- Margie Surges
- Margaret Emich
- Ilah Walczak
- Marcia Thompson
- Barb Sullivan
- Lynn Krause
- Joe McCrary
- Linda Lawson
- Barbara Goldsmith
- Linda Timm
- Mary Jane Kaczynski

So Glad You've Joined Us!!



Lu Ziemer

262-993-6516

daluziemer7@gmail.com

Louanne Bartels

262-498-7397

louannebartels@aol.com

Colleen Boettcher

262-617-0416

blakblox131@gmail.com

Please let them know if anyone needs cheering up or well wishes, along with anyone in the hospital, or those who have passed away.

Let's send them happy thoughts!





Attention all Knitters and Seamstresses!

Knitted hats, scarves, and gloves
are always needed – as well as a
knitted or sewn lap cover
(34" x 36" size),
child throw (42" x 46") or
walker/wheelchair bags.

Please drop off in
Barb's office anytime!

Thanks so Much!!

**Anyone interested
in starting...**

Knitting/Crocheting

Cribbage

Wii Bowling

Other Ideas Welcome!

See sign up sheet for fall
in the hallway



**Want a good way to keep
your brain sharp?**

Learn something new!

**Samba, Hand & Foot,
Sheepshead, & Mahjong**



WE TEACH IT ALL!

What you do makes
a *difference*,
and you have to decide
what kind of *difference*
you want to make.



JANE GOODALL

GH

In Sympathy...

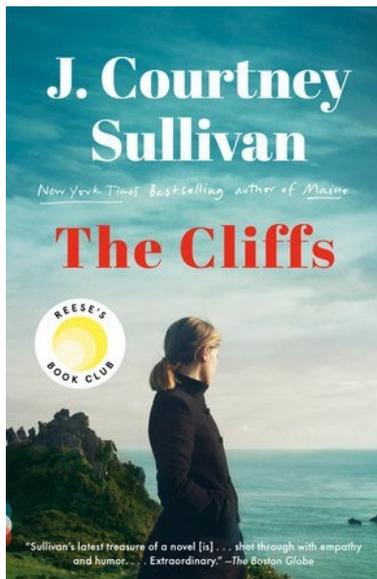
*To the family and friends
of Judy Salentine, who
passed away on July 14th.
She was an NBSCC member
since 2012.*

*And Audrey Price,
at the age of 97, passed away
recently and was a longtime
NBSCC member.*

*As those closest to them
mourn their loss may they
find comfort in the memories
they left behind.*

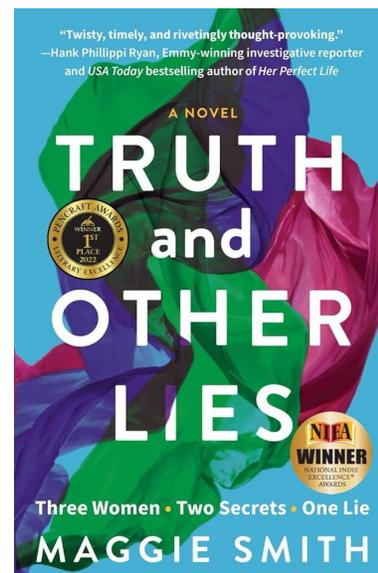
With Sincere Condolences

August Book Club Selection:



Group discussion scheduled for
Monday, August 25 @ 1:30pm
Meet at New Berlin Library Board Room on
2nd Floor

September Book Club Selection:



Group discussion scheduled for
Monday, September 29 @ 1:30pm
Meet at New Hickory Grove

Silver Sneakers Classic

(formally known as Senior Fitness)

Mondays & Thursdays
9:30-10:15am

Hickory Grove - Lavendar Room
Starting Sept 4

You'll work with light weights, resistance bands and have access to a chair... all while listening to instruction along with great music. This class will help you build muscles while also improving your balance.

No need to sign up... Just come join the fun and meet new friends... every Monday & Thursday!



Instructor: Julie Fraleigh



Last

Move and Groove

August 14

(Senior-friendly and FREE!!)

@ 9:30am

These monthly sessions are adapted for all mobility levels, offering light exercises to promote flexibility and provide cardio-friendly routines to boost energy. It's a great way to stay active while having fun and listening to great tunes from the past!

Classes provided by:



NEW THIS FALL!

Starting on September 2
TUESDAYS at 9:30

Tai Chi Beginner:

*Balance, Breath, and the
Beginning of Mastery*

Step into the world of Tai Chi with this welcoming entry point to internal movement and mindful practice. The Foundations Class focuses on body awareness, breath, and gentle movement patterns that build strength from the ground up. Whether you're new to movement or returning to fitness, this class helps you develop a rooted base - physically, mentally, and energetically.

Instructor: Eddie Banks

Hickory Grove - Lavendar Room



Silver Sneakers
CHAIR YOGA



Mondays & Wednesdays
10:45- 11:30am

Hickory Grove - Lavendar Room
Starting Sept 3

CHAIR YOGA will help loosen up your muscles and improve your strength and balance. You will move your body when sitting in a chair or standing using the chair for support.

Please join this gentle form of movement and meet new friends!

Instructor: Julie Fraleigh

LINE DANCE CLASS

Great exercise...not just country music either!!

(Don't worry, it's at a senior friendly pace...give it a try!!)

Class will be held at the ARC through August 26

(15321 W. National)
11:15am-12:15pm

Sept 2 @ New Hickory Grove Center @ 11:00am in the Indigo Room

COST: \$1.00

(Note: Non-rubber soles work best)



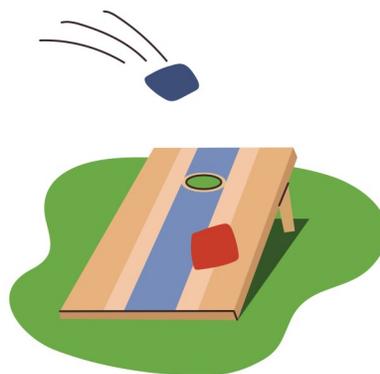
Cornhole! Wednesdays

11:30am-1pm

Aug 6 & 13 @ Current Location

No Cornhole Aug 20 or 27

Starting Sept 4 back to Thursdays at 11:00am @ New Hickory Grove!



Bocce Ball

Practice Monday Sept 25 @ 12:00pm

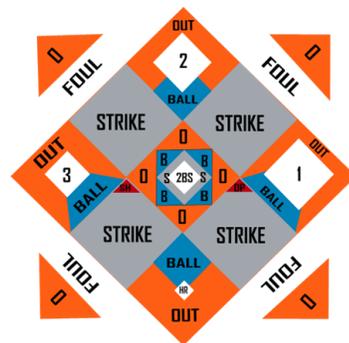
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Dartball

Captains Meeting Sept 17 @ 10:00am

Practice for Everyone Sept 24 @ 10:00am

@ New Hickory Grove!





Hot Mess Chicken Salad



Total Time: 1 hour / Yields: 8 servings

Ingredients

- 2 pounds chicken breasts, boneless and skinless
- 2 bay leaves
- 4 cups celery, diced
- 1 (10.5-ounce) can condensed cream of chicken soup, undiluted
- 2 cups mayonnaise
- 2 cups sour cream
- 2 (8-ounce) cans water chestnuts, drained
- 1 (8-ounce) can mushroom stems and pieces, drained
- 1 cup slivered almonds
- 2 tablespoons onion, chopped
- 2 tablespoons lemon juice
- 2 teaspoons salt
- 1/2 teaspoon pepper
- 2 cups cheddar cheese, shredded
- 2 (2.8-ounce) cans crispy fried onions
- green onions, chopped, optional, to taste



This Hot Mess Chicken Salad will be waiting for you to make all your worries wither away! And don't worry, the name is just to match how you may be feeling before you chow down on this juicy chicken and veggie mixture, tossed in a creamy sauce and topped with melty cheese and crunchy crispy fried onions. We're pretty confident that once your plate is clean, you'll feel brand new and ready to tackle whatever is left on your schedule. The next time things feel a little chaotic, Hot Mess Chicken Salad is here to make it all the more deliciously peaceful!

Directions

Step 1 - Preheat the oven to 350 degrees F.

Step 2 - In a Dutch oven, add the chicken and enough water to cover it.

Step 3 - Add the bay leaves to the Dutch oven, bring to a boil, and cook, uncovered, until the chicken reaches an internal temperature of 165 degrees F.

Step 4 - Drain the water from the Dutch oven and discard the bay leaves.

Step 5 - Cut the chicken into 1/2-inch-thick cubes and place in a large bowl.

Step 6 - Stir the celery, the cream of chicken soup, the mayonnaise, the sour cream, the water chestnuts, the mushrooms, the almonds, the onion, the lemon juice, the salt, and the pepper into the chicken.

Step 7 - Transfer the chicken mixture to a 13x9-inch baking dish and sprinkle with the cheese and the crispy fried onions.

Step 8 - Bake the casserole, uncovered, until it is heated through, about 30 minutes.

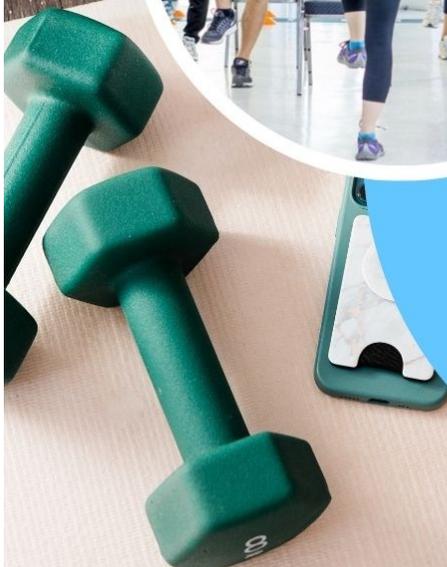
Step 9 - Garnish the casserole with the green onions.

Step 10 - Serve.





**COMING SOON!
SILVERSNEAKERS®
CLASSES AT THE NEW BERLIN
SENIOR CITIZENS CLUB
AT HICKORY GROVE —
STARTING SEPTEMBER!**



We're excited to bring SilverSneakers® fitness classes to the NBSC this fall! To help us continue offering affordable fitness programming, please check with your insurance provider to see if you qualify for a FREE membership. Eligible members can redeem their fitness benefit at the New Berlin Activity & Recreation Center.

We currently partner with:

- **SilverSneakers® / Tivity Health**
- **Renew Active® / Optum**

If your insurance offers a different wellness program, please contact Katie Roth at krath@newberlin.org or call 262-797-2443 for more information.

Let's stay active together!

ALL NBSCC Members!

As our time here in this building draws to a close...we want to celebrate all the wonderful memories here with...

“The Last Potluck Lunch”

Monday August 11th

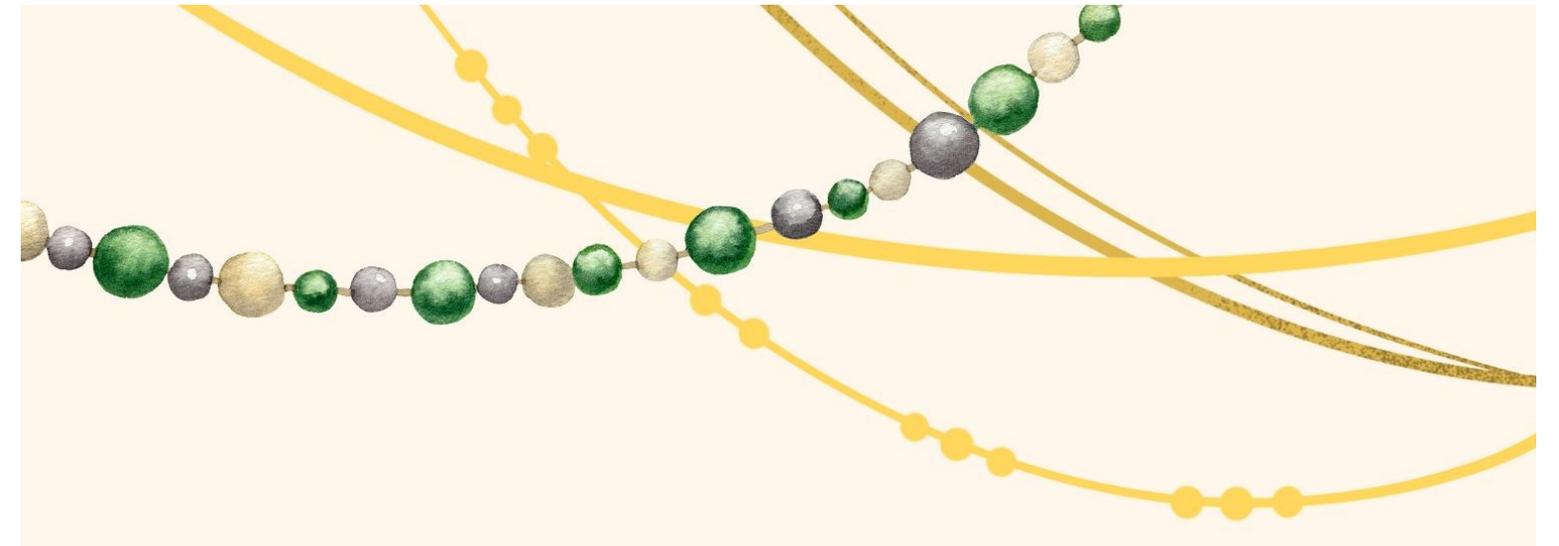
11:30-12:30

We hope to have a big crowd for our last meeting here...at least 100 or more so plan accordingly!!

There is a food sign up list in the hallway...and a list letting us know that you are coming but wish to pay the \$5.00 rather than bringing a dish to pass.

All food should arrive by 10:30 for set-up

**PLEASE MAKE SURE YOUR NAME IS ON ONE LIST
OR THE OTHER!!!**



CRAFT CLASS

SEPTEMBER 2, 2025

12:15PM

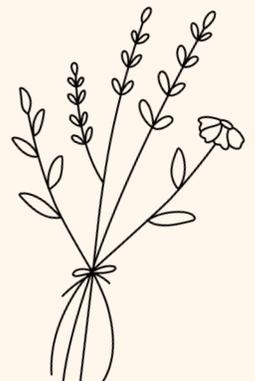
A garland is considered a gesture of welcoming good fortune and JOY into one's home.

The craft project is stringing a wood bead garland with changeable attachments. You will be provided with wood beads, twine, a clasp, paper, and attachments. You will be using ink stamps, craft glue, paint, and other tools to complete the project.

Join the fun!

Please sign up and pay in advance.

COST: \$9.00



August Day Trip:

GO BREWERS!!

Thursday, August 28

11:00

Meet at the Center for a boxed lunch

14750 W Cleveland Avenue

(Bus leaves at 11:30 for a 1:10 game)

Boxed Lunch from Sendik's will be a Deli Sandwich

on Kaiser roll with lettuce and tomato

(Includes: Chips, Fresh Baked Chocolate Chip Cookie)

Water and fruit will also be included

Choose from:

Ham & Swiss, Turkey & Cheddar,

Roast Beef & Cheddar or Tuna Salad

Let's go cheer on the Brewers!! We will be sitting on the 1st Base side
limited ADA seats will be available...Otherwise, some steps to seats.

Please note: These are the only permitted Bags:

- **Single-compartment bags:** These must be 9" x 5" x 2" or smaller.
- **Clear single-compartment bags:** These must be 12" x 6" x 12" or smaller.
- **One-gallon clear zip lock bags.**

COST: \$60

(Includes: Bus, Lunch, Brewer Tickets)

TICKET SALE DATES:

June 23, July 14 & 28



October Day Trip:

IT'S A MURDER MYSTERY
AT THE JACOB HENRY MANSION

WHEN: Tuesday, October 28

Bus leaves at 9:00am / Returns 5:00pm

WHERE: Joliet, Illinois

WHO DONNIT?.....??

This 1950's sock hop is a doo wop disaster! When a death on the dance floor makes this fun event a mystery...it's up to you and your fellow guests to trade clues and gather information to solve the crime and find the murderer. You won't want to miss this one, as we work together, tour the mansion and find out whodunit!!

Ladies, get out your poodle skirts and bobby socks. Gentlemen roll up your jeans and dust off your leather jackets...or jocks, put on your white t-shirts and lettermen jackets too. Let's all play our parts and have fun!!!

Menu Selections:

Pot Roast: Savory and tender beef pot roast combined with fresh potatoes, vegetables and simple seasonings.

Chicken Marsala: Boneless breast of chicken with fresh mushrooms and Marsala wine sauce. Served with potato and vegetables.

Entrees include fresh garden salad w/ house dressing, assorted rolls and butter, coffee or tea, and dessert.

Sodas and alcoholic beverages are available for purchase.

COST: \$98.00

(Includes: Bus, Lunch and Mansion Mystery Tour)

TICKET SALE DATES:

September 8 & 22 and October 13

WE LOVE OUR VOLUNTEERS!!

Throughout the year we rely on all of those who step up and volunteer to be on one or more of our many committees that help make our Senior Center great!!

This month we recognize the following committee members and thank them for their service to our club.

RECREATION:

Barb Schwister, Sue Z Smith, Carol Swanson, Tina Sexton, Mary Jane Graser, Peggy Hughes, Nancy Breckenfelder, Helen Morrissey.

BUILDING AND OPERATIONS:

Gary Dwyer, Dennis Wendorf, Gratz, Tom Vanderhoff, Phil Grubisic, Dan Kimminau, Tom Kimminau.

BINGO:

Vickie Schoemann, Joan Dolan

**THANKS SO MUCH!
WE APPRECIATE YOU!!**

Sincerely,

Barb Gosa and all NBSCC Members



THANK YOU FRENCHI!!!

Your hard work and dedication is truly appreciated and recognized in all the organizations you are involved in!!

Here at NBSCC she worked diligently to collect plastic for multiple benches that have been distributed in various locations in New Berlin.

However, as we move into our new Hickory Grove location we will no longer be a site for the plastic collections. New sites TBD.

Thanks again,
NBSCC Members

**NEW BERLIN SENIOR CITIZENS CLUB
GENERAL MEETING 7/14/2025**

Sue Smith – President

- Called the meeting to order at 1:00 PM
- 96 in attendance.
- Led the Pledge of Allegiance and God Bless America

Dolly Thomas - Corresponding/Recording

- Read the minutes from the previous meeting. Approved as read.

Lu Ziemer - Sunshine Committee

- Mary Hoppe had a fall and broke 2 bones. She is currently at a rehab facility.

Barb Gosa

- Introduced 8 new members.
- The last luncheon/meeting at the current facility will be August 11th. It will be a pot luck menu. Members can either sign up to bring a dish to pass or pay \$5.
- Thanked all who helped at the July 4th festivities.
- There is a new craft sign-up sheet for September.
- There are sign-up sheets to play and/or learn various games and activities.
- **Center will be closed the week of August 18** due to the move to our new center.
- There is a collection bucket for the Texas Flood Relief.
- A question was raised about using *Silver Sneakers* at more than 1 facility. The answer was, yes, it can be used at numerous facilities, but it was suggested to check with your insurance company to be sure.
- All classes, with the exception of cooking classes, are available to senior center members at the ARC at no cost.
- **If you have a question or issue about a planned trip, please contact Peggy Hughes; not Terri Peschman.**

Old Business:

- Donna Larson explained what the Building Operations & Maintenance committee and the Bingo committee do and recognized the current volunteers.
- Suggestions:
 - *New Berlin residents should have first dibs on trips.* Board response: No. It's already difficult and time-consuming to sign up for trips, plus we are all equal members.
 - *Can we please have an additional mahjong set at the center, and will we have enough tables at the new center?* Board response: Yes, Terri Peschman will purchase a mahjong set and Barb will provide an additional table.
 - *Can we have a weekly 2nd option for mahjong in the afternoons?* Board response: Barb will consider after the move to the new facility.

New Business: None

Joan Dolan won the \$10 drawing.

"The Guys" made a motion to adjourn. Frenchi Trottier-Wasielewski seconded. Meeting adjourned.

Respectfully submitted by Dolly Thomas – Corresponding/Recording Secretary

Please mark you calendars for these important dates:

August

Thurs, Aug 28 Brewers Game vs Arizona

September

Sept 15-19 Creation Museum / Ark Encounter

October

Tues, Oct 28 Jacob Henry "Mystery Mansion" Joliet, IL

November

Sun, Nov 16 It's a Wonderful Life / Musical at the Orpheum Theater in Madison

December

Wed, Dec 10 Million Dollar Quartet Christmas at Marriott Theater

Mon, Dec 1 Christmas Party



Note: All the information in the newsletter can also be found on the Senior Citizens page of the New Berlin city webpage.

Go to: www.newberlinwi.gov

Then follow the menus at the top of the page:

Departments > Recreation Division > Senior Citizens Club