

New Berlin Activity and Recreation Center GYM POLICIES AND PROCEDURES

1. The following are prohibited in the New Berlin Recreation Center GYM:

- a. Amplified music – headphones/earphones are required for personal use. Playing music via Bluetooth speaker or from a phone is not allowed. If you are using earphones or headphones you must maintain an awareness of your surroundings and those around you in order to avoid collisions
- b. Any activity or exercise that may damage facility floors, walls, or equipment.
- c. Pets (except for service animals and service animals in training)
- d. Rollerblades, roller skates, skateboards, Heelys, and Hoverboards.
- e. Organized or informal recreational activities may be stopped in the hallways and corridors if deemed unsafe to patrons or harmful to facility.
- f. Kicking or throwing any equipment against walls or windows in the facility.
- g. Firearms and weapons of all kinds are prohibited in all New Berlin Activity and Recreation Center facilities.
- h. The New Berlin Recreation Center is alcohol, tobacco, and drug-free; alcohol, drugs, e-cigarettes, tobacco products, and vaping devices of any kind are prohibited.
- i. Members and guests suspected of being under the influence of alcohol or drugs will be directed to exit. No refunds of fees paid will be given for persons who are expelled or suspended from use of the facility

2. GYM POLICIES

- a. Inappropriate or foul language will not be tolerated.
- b. Hanging on basketball rims and or nets is not permitted.
- c. Dunking is not allowed.
- d. Food and drinks (other than water in covered bottles) are not permitted.
- e. Spitting or chewing gum is prohibited.
- f. During Open Gym, the activity designated on the Gym schedule has court priority; New Berlin Recreation Center staff reserves the right to stop all activity other than the designated sport.
- g. There will be no shooting or throwing of any ball or equipment from the track to the gym courts.
- h. Attire
 - i. Clean, appropriate athletic attire is required at all times. Attire must cover the chest and buttocks.
 - ii. Clothing with profane language, and/or offensive content are prohibited in the facility.
 - iii. Closed-toe, non-marking, activity-appropriate footwear is required; street shoes, boots, dress shoes, and sandals are not allowed; please bring a change of footwear.
 - iv. During the winter months, please bring a change of footwear while working out.
- i. Bags
 - i. Small gym bags and small back strap bags are allowed on the bleachers, bags are not allowed to be on the court floor.
 - ii. The New Berlin Recreation Center is not liable for any lost/stolen bags or personal items.
- j. Disorderly and Disruptive Conduct

- i. The following is prohibited in the New Berlin Recreation and Activity Center:
 1. Use of obscenities and insulting language or gestures
 2. Spitting
 3. Harassment and/or hazing of other members or staff
 4. Vandalism
 5. Fighting
 6. Verbal Altercations
 7. Bullying
 8. Taunting

3. SPORT EQUIPMENT

- a. Basketballs, Volleyballs, and Pickleball Paddles will be available to check out at the front desk. If equipment is not returned, members will be fined and charged for the value of the equipment. Members will not be allowed to enter the building until the fine and replacement costs are paid.
- b. All equipment must remain in its designated location. No bouncing or kicking of any type of sport ball is allowed outside of the gym courts.

4. OPEN GYM

- a. Open Basketball
 - i. No full court games allowed. One basket games are permitted as long as only one basket is being used and players are being respectful to others using different areas of the gym.
- b. Open Volleyball
 - i. Designated courts: Court 1 is designated for ages 14-18 and Court 2 is designated for 19 years and older.
- c. Open Gym
 - i. No pick-up basketball games allowed. No setting up of volleyball, pickleball, or tennis nets. No playing catch with baseball, softball, and or football. Basketball shoot around, passing of soccer ball, and passing of volleyball are allowed during open gym times.
- d. Full Court Pick Up (18+)
 - i. Full court games must be inclusive of any potential participants.
- e. Open Pickleball
 - i. **Payment/Sign-In:** All participants must sign-in at the front desk prior to entering the gym. Open Gym Pickleball is only available to Daily, Annual, or Monthly RecPass holders. DO NOT enter the gym earlier than the designated "Open Gym Times".
 - ii. **Court Designations:** When all courts are in use, there are a total of 9 Pickleball Courts. Courts will be clearly labeled (example: 1A, 1B, 1C, 2A, 2B, 2C, 3A, 3B, and 3C) and will be designated solely for social, intermediate, or advanced play based on need.
 - iii. **Open Gym Guidelines:**
 - a. Unless not all of the courts are in use, a doubles format should be used at all times.
 - b. **Rule of 2:** Unless otherwise instructed, each player should only play a max of 2 consecutive games, regardless of who wins the game. A team that has not played two games should stay on the court and split up. If there is no one waiting to play, no one needs to sit out.

- c. Anyone waiting to play must place their paddle in the designated paddle holders or on the bleachers in an orderly manner to be in line to play. Please have your name on your paddle to assist with the participant rotation process.
 - d. **Be conscious and respectful of the differing skill levels on the court at a given time.** If playing "down" (at a lower skill level than your own), please adjust your style.
 - e. If you hear someone, yell "Ball!" - STOP PLAY IMMEDIATELY. To return an errant ball, please follow these steps: (1) temporarily stop your play (2) determine which court the errant ball came from (3) courteously return the ball to one of the players on that court without interrupting other games in progress. For everyone's safety, please DO NOT just bat/kick an errant ball off your court; follow the steps listed above to help ensure the safety of all participants.
 - f. NEVER yell at, swear at, or speak a hostile or sarcastic word to any player in anger or otherwise! Multiple or severe incidents of this will be reported to the Recreation Department for further action.
 - g. Please be respectful of the courts, facilities, fellow players, and the volunteers! Reoccurring violations of the above policies may lead to participant removal from the program by the City of New Berlin Recreation Department.
- iv. **Scoring:** Games will be played to 11 (win by 2). Once, the paddle queue reaches a predetermined amount of participants waiting to play (number will be communicated by a volunteer or gym supervisor), games will be played to 9 (first to 9 wins).
 - v. **Shoes:** It is MANDATORY that all participants bring two pairs of shoes when using the gym space: one pair to wear into and out of the gym, and another pair strictly to play in. For the sake of the gym floor and also for the safety of the participants, please do not wear your snowy/wet/salty/dirty shoes from outside onto the courts.
 - vi. **Balls:** All participants will be required to bring at least ONE BALL to participate each day. For consistency purposes, an Onix Fuse Indoor Pickleball (orange) will be the ball of choice. Balls are available for purchase at the front desk for \$3.00 per ball.
 - vii. **Rentals:** Paddle rentals are available at the front desk of the Activity and Recreation Center, but we strongly advise bringing your own. All rented equipment must be returned before leaving the facility.

5. Consequences

Failure to comply with these policies may result in a suspension or permanent expulsion, the length of which will be determined by New Berlin Recreation Center professional staff based on the circumstances surrounding the conduct and any prior violations. The Recreation staff shall have final say as to the interpretation and application of these rules. Their determinations shall be final and binding on all Recreation Center users.